

active

CANTERBURY

Kia Ora and welcome to the first newsletter of 2024 from the Active Canterbury Network.

You are receiving this because you have been involved with the network over the last few years, either attending workshops or subscribing to the newsletter via the website. Hopefully you are still interested in regular communications from us but if not just email kris@eamnz.com and you will be removed from the database.

Our goal for ACN is to create a strong network of individuals all committed to promoting exercise in our Canterbury communities, either as advocates, providers or supporters in some way.

We plan to hold events and pass on information that allow you to connect with each other and build relationships to better support the people you work with.

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- April Hui Date
- ACN Steering Group Members

Updates and Information from Christchurch City Council

Matatiki Hornby Centre is due to open early this year.

Get the latest updates about the centre at

<https://recandsport.ccc.govt.nz/centres/matatiki-hornby-centre/>

The **Graham Condon pool** is temporarily closed and is expected to reopen by the end of May. The Teaching pool is expected to open at the beginning of Term 2 on 29th April. If this is your whaiora's regular pool, please be sure to update them.

Recreation and Leisure Hui

Following the success of the held last year, a second hui is planned.

Date: Friday 1st March 2024.

Time: 2 to 4.30pm.

Location: Te Hāpua Halswell Centre.

The hui will cover a variety of services and activities that Christchurch City Council provides that supports health and wellbeing. This ranges from how to find accessible walks, parks with fitness trails, information about our pools, gyms and groups fitness classes or the health resources in the libraries.

You will come away with a guide that provides you with up-to-date information that you will be able to share in your day to day work and the day is also a chance for you to connect with others.

Please RSVP prior to attending the information session

<https://events.humanitix.com/recreation-and-leisure-hui>

Would our Community Organisation Membership work for you?

The Christchurch City Council wants to support community organisations who are supporting their whaiora to be more physically active. Your organisation may be eligible for a Community Organisation Membership to help achieve this.

With this membership, you receive a discounted rate and access to all Christchurch Recreation and Sport Centres for a staff member and up to seven different whaiora that you support each week, making this an effective tool to help get your whaiora more physically active.

Email activecommunities@ccc.govt.nz to discuss this opportunity further. Include your organisation name and contact details and we will be in touch.

ACN April Hui: Save the date!



Date: Friday 6th April 2024.

Time: Noon to 3pm.

Location: Te Hāpua Halswell Centre.

Open to all Active Canterbury Members. That's you!

More information and registration will be available from 12th March 2024.

2024 Steering Group

- Lily Purdon – Strength & Balance Project Lead (Sport Canterbury)
- Heather Mechaelis – Community Manager (Cancer Society)
- Karla Gunby – Active Communities Programme Manager (CCC)
- Tayla Smith – Active Communities Liaison Coordinator (CCC)
- Jacqui Miller – Community Recreation Advisor (CCC)
- Lurita Kurene – Health Coach Support Worker Lead (Te Tumu Waiora)
- Linda Miratana – Senior Group Fitness Coordinator (Selwyn DC)
- Meg Christie – Active Environments Health Promoter (Community and Public Health)
- Claire Dangerfield – ACN Web Coordinator (Community and Public Health)
- Lesley Willoughby – ACN Coordination Support (Community and Public Health)
- Paul Dunn – Manager at MainPower Stadium (NCST)
- Chris John – Moana Pasifika Systems Innovator (Sport Canterbury)
- Kris Tynan – Programme Director (Exercise as Medicine)
- Wendy Scanlon – Puāwai-Kai Coordinator (Purapura Whetu)
- Jo Butler – Heart Health Advocate (The Heart Foundation)
- Martin McGregor – Senior Advisor Comm & Rec (Waimakariri DC)
- Jenny Soal – Gym & Fitness Manager (Ashburton DC)



Active Canterbury Network

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